



## **Sarah McDonald, P. Eng.**

*Player, Captain, Coach, Coordinator*

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I'm putting forward my candidacy for the Ottawa Carleton Ultimate Association (OCUA) Board of Directors because it's important to me that the foundation of our association continues to be strong and reliable for the next generation of players (and the ones after that).

I believe that transparent planning, coupled with strong communication will be necessary to support our eventual full return to sport. The OCUA Strategic Plan is scheduled for renewal this year and provides the 2020-2021 OCUA Board of Directors with a unique opportunity to develop a realistic, growth-oriented, long-term vision for our association and our sport in Ottawa. The development of this Strategic Plan would be an initial focus for me as a Director. I believe the Plan must include mechanisms that support short-term recovery, long-term growth, member diversity, and strengthened community spirit. For the Plan to be viable and useful, it will need to be backed by an achievable set of actions that are based on data and evidence while aligning with OCUA's Mission, Vision, and Values.

I understand the commitment and responsibility involved with being a Director and belonging to an effective and empathetic leadership team. My time playing Ultimate has enriched my life and created friendships that will carry forward forever. It would be my absolute pleasure, and honour, to be able to represent such wonderful people on the Board of Directors as we continue to build for the future.

I understand the commitment and responsibility involved in being a Director and invite you to read more / ask questions here: <https://www.ocua.ca/node/10827>